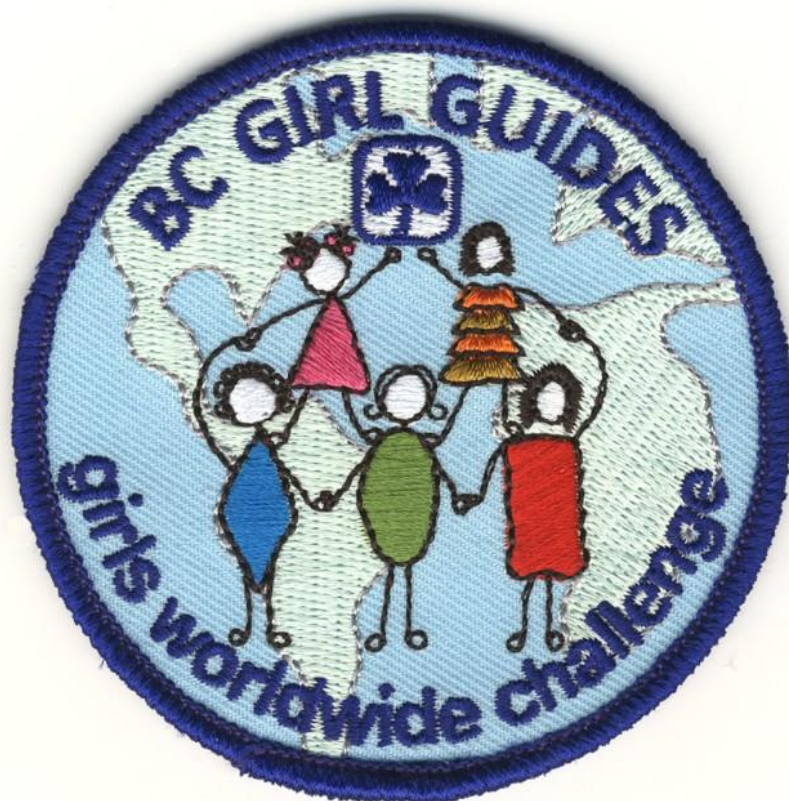


## GIRLS WORLDWIDE CHALLENGE

A MILLENNIUM DEVELOPMENT GOALS  
AWARENESS CHALLENGE  
FROM THE BC PROGRAM COMMITTEE

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# CONTENTS

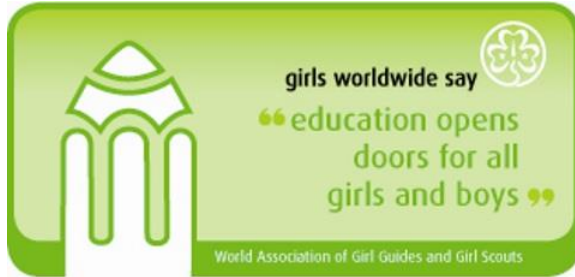
Foreword.....	2
Earning Your Girls Worldwide Challenge .....	3
Learning Category Activities.....	4
Acting Category Activities.....	6
Speaking Out Category Activities .....	8
References.....	9
Program Connections.....	10
Spark Program Connections.....	10
Brownie Program Connections .....	11
Guide Program Connections .....	12
Pathfinder Program Connections.....	14
Ranger Program Connections .....	15



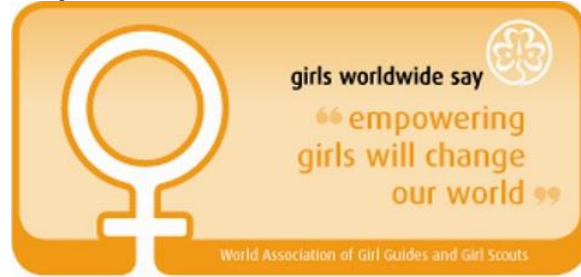
## FOREWORD

The Girls Worldwide Challenge is a chance to learn about the issues and concerns faced by women and children throughout the world, with a focus on four of the eight United Nations Millennium Development Goals (MDGs). The four goals addressed in this challenge are:

### MDG 2: achieve universal primary education



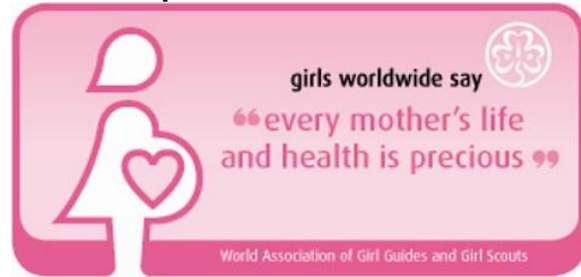
### MDG 3: promote gender equality and empower women



### MDG 4: reduce child mortality



### MDG 5: improve maternal health



The BC Program Committee chose these four as being focused on girls and women and most relevant to Girl Guides of Canada-Guides du Canada in making connections between the girls in our program and girls and women around the globe. If we focus on our world at a personal level for our girls, we will begin to make change in this world, a key initiative of WAGGGS.

The activities within this challenge have been adapted from numerous sources, including the WAGGGS Global Action Theme badge and the WAGGGS World Thinking Day activity packs. Once you have completed this challenge, you may wish to expand your understanding of these topics by completing the WAGGGS Global Action Theme Badge or the WAGGGS World Thinking Day badges (links available in the References section). You can order the WAGGGS badges online from <http://waggs-shop.org/en/products/badges>.

The Girls Worldwide Challenge crest is available for purchase from the BC Girl Guides website at <http://bc-girlguides.org/> - select Program > Challenges & Activities > Provincial Challenges to download the **BC Crests Order form (Excel)**.

If you have questions about this challenge, please contact the BC Program Committee at [program@bc-girlguides.org](mailto:program@bc-girlguides.org). If you would like more information on WAGGGS or WAGGGS resources, please contact the BC International Committee at [international@bc-girlguides.org](mailto:international@bc-girlguides.org).



## EARNING YOUR GIRLS WORLDWIDE CHALLENGE

There are three categories to the challenge: **Learning, Acting and Speaking Out**

Each category has been designed to give girls from Sparks to Rangers age-appropriate activities, topics, and involvement. The common core of the challenge allows the girls to explore all four MDGs while the completion of the challenge allows the girls to focus on one or two MDGs or continue to broaden their knowledge.

To meet the common core requirements you must do one activity from each of the four MDGs (the MDGs are marked by their number) regardless of which category they are in: Learning, Acting or Speaking Out.

**Sparks and Brownies:** to earn the crest, once you have completed the common core, you must do two more activities, one of which must be from the Speaking Out category.

**Guides and Pathfinders:** to earn the crest, once you have completed the common core, you must do four more activities, one of which must be from Acting and one of which must be from Speaking Out.

**Rangers and Adults:** to earn the crest, once you have completed the common core, you must do six more activities, two of which must be from Acting and two of which must be from Speaking Out OR you may lead a younger branch to earn their Girls Worldwide Challenge.

Branch:		Sparks/ Brownies	Guides/ Pathfinders	Rangers/ Adults
Core activities can come from any category.	MDG 2	1	1	1
	MDG 3	1	1	1
	MDG 4	1	1	1
	MDG 5	1	1	1
Additional activities required to fulfill the challenge.	Any category	1	2	2
	Acting		1	2
	Speaking Out	1	1	2

**LEARNING CATEGORY ACTIVITIES**

1.	Make a list of all the jobs you think of that require going to college or university for.	MDG 2
2.	Come up with a list of reasons that children may not be able to go to school, even though they want to.	MDG 2
3.	Pick three countries you are not familiar with. Think of a young girl in those countries and draw a picture of what she would look like and would be wearing. Then, on your own or with the help of others, find out how reality compares.	MDG 2
4.	Make a list of jobs that you normally think of men doing. See if you can think of women you know who do any of these jobs.	MDG 2
5.	Play variations of a Kim's Game where girls have different disadvantages to playing (the items too far away to see properly, too short a time to look at all the items, too many items too close together). Afterwards, talk about some of the disadvantages and compare this to getting an education and how difficult it can be for many reasons	MDG 2
6.	Read the story Beatrice's Goat by Page McBrier , the story of a family helped by a microloan and allowing young Beatrice to go to school or watch the 60 Minutes episode Goats for Peace <a href="http://www.cbsnews.com/video/watch/?id=7376165n">http://www.cbsnews.com/video/watch/?id=7376165n</a>	MDG 2
7.	Write down or draw the steps a girl takes to get ready for school - getting dressed, eating breakfast, getting a ride to school, etc. Now think how each of those things – If gone – would affect you.	MDG 2
8.	Scribbles - Have 4 groups with 3 sets of simple instructions for a game and one set of scribbled lines that the girls are unable to read. Ask the girls to read their instructions and start to play the game – ask the girls who are unable to do so how they felt. Talk about how the lack of education affects the simplest things	MDG 2
9.	Divide girls into 3 groups – give the 1 <sup>st</sup> group a pencil and paper for each girl, the 2 <sup>nd</sup> group one pencil for each two girls and a piece of paper each, and the 3 <sup>rd</sup> group one pencil and one piece of paper that the whole group must use. Afterwards talk about how even if girls can go to school there are other obstacles in their way – what others could there be?	MDG 2
10.	Watch the trailer for <b>Girl Rising</b> on YouTube, a movie about girls and education. <a href="http://girlrising.com/">http://girlrising.com/</a>	MDG 2
11.	Think about some different customs or traditions that are considered beautiful in some countries but different from our society. Why would there be different ideas about what beauty is?	MDG 2 and MDG 3



12.	Everyone is beautiful on the inside. On large pieces of newsprint, draw a large outline of yourself and in it write everything that you think makes a person beautiful on the inside.	<b>MDG 3</b>
13.	When you make decisions, you feel empowered. Try some new ways of making decisions - e.g. find a new way of voting and vote for what you want to do by using this new method. One way you could vote is to make noise to show you want to do something, or keep quiet if you don't. Think of some other creative ways to vote.	<b>MDG 3</b>
14.	Create a list of women you believe have done some great things in this world. Now create a list of women you admire. Are they the same? Why or why not?	<b>MDG 3</b>
15.	Find out when International Women's Day is and make a card to celebrate the date.	<b>MDG 3</b>
16.	When children suffer from dehydration, they can take a rehydration solution. Try this recipe, which is used for children suffering from dehydration: Mix $\frac{1}{2}$ teaspoon of salt, 6 teaspoons of sugar and 1 litre of clean water (or water that has been boiled and then cooled) together until the salt and sugar are completely dissolved. Taste a small amount of the solution.	<b>MDG 4</b>
17.	Find out about International Handwashing Day and invent a game, song or a 30 second poem to help remember what you learned.	<b>MDG 4</b>
18.	With a couple of ingredients you can make a food that will help a starving child. This mixture has been used to save many children from starvation: <ul style="list-style-type: none"><li>• 50g of natural peanut butter (or substitute soy butter)</li><li>• 50g non-fat dry milk powder</li><li>• 50g honey</li><li>• 50g oats</li><li>• Optional sunflower seeds, currants, raisins and other dried fruit.</li></ul> Mix the peanut butter (soy butter), milk powder and honey in a bowl. Add optional extra ingredients: Spread oats on a plate, roll the mixture into little bars (use clean hands or spoons) about the size of an adult's little finger. Then, coat each bar with the oats by rolling the bars on the plate. Place the ready bars on a clean plate and share around afterwards for everyone to taste.	<b>MDG 4</b>
19.	Using all the colours of the rainbow (ROYGBIV), design a healthy meal.	<b>MDG 4 or MDG 5</b>
20.	Plant two vegetables and find out their nutritional value.	<b>MDG 4 or MDG 5</b>
21.	Using pictures from magazines or your own drawings, create a collage of things that would help babies and mothers stay healthy.	<b>MDG 4 or MDG 5</b>

**ACTING CATEGORY ACTIVITIES**

1.	Create your own board game about kids going to school - having to move backwards if there are obstacles to their going or being rewarded for persevering, etc. Use your imagination.	<b>MDG 2</b>
2.	Do a used book drive, collecting books that can then be donated to shelters, ESL programs, and other community services where books might be needed.	<b>MDG 2</b>
3.	Make education kits- using a small shoebox or fabric bag, fill it with pencils, erasers, paper, pens, crayons, a ruler, glue, and then include a cute pencil case—arrange to get these to charities who work in Third World Countries.	<b>MDG 2</b>
4.	Have someone come from a family planning clinic and find out about the ways they try to prevent adolescent pregnancy.	<b>MDG 2 and MDG 5</b>
5.	Arrange to have some guest speakers come visit who work in non-traditional roles for their gender. Find out about their experiences, whether they have been treated differently, etc.	<b>MDG 2 and MDG 3</b>
6.	Make a list of some nice things you can do for your mother or another mother you know, whether the things are making her feel good about herself or whether the things are meant to take care of her. Make a pledge to do these things within a certain time frame.	<b>MDG 3 or MDG 5</b>
7.	Newborn babies can quickly lose their body heat – up to four times faster than adults. A hat is something that can keep them warm, which helps them to stay healthy. Make soft hats that would fit a newborn baby. Give them to a hospital or a local women’s shelter, or sell your hats to raise money for the World Thinking Day Fund.	<b>MDG 3</b>
8.	Host a fifth birthday party to celebrate the children who live to be 5 years old; many children die before they reach their 5th birthday. Do activities such as Mosquito Tag, and include facts on the invitations that to help focus on making sure we can do all we can to have children grow up healthy.	<b>MDG 4</b>
9.	Play a germ game that demonstrates how germs are spread. Some links are : <ul style="list-style-type: none"> <li>• <a href="http://food.unl.edu/web/safety/kidshandwashingmaterials">http://food.unl.edu/web/safety/kidshandwashingmaterials</a></li> <li>• <a href="http://www.livestrong.com/article/104096-games-teach-kids-personal-hygiene/">http://www.livestrong.com/article/104096-games-teach-kids-personal-hygiene/</a></li> <li>• <a href="http://www.peelregion.ca/health/shp/germ-stop-manual/pdfs/break/k3b.pdf">http://www.peelregion.ca/health/shp/germ-stop-manual/pdfs/break/k3b.pdf</a></li> </ul>	<b>MDG 4</b>



10.	Play Mosquito Tag: Depending on the size of your group, choose one or two girls to be mosquitoes. The mosquitoes try and 'bite' the other girls by tagging them. But some of the players are secretly given a bead to represent a protective mosquito net. If a girl is bitten, she is out unless she has the bead – the mosquito-net bead means she is protected and can stay in the game. During the game, girls can secretly pass their 'net' beads to other girls. The game ends when only those with nets remain.	<b>MDG 4</b>
11.	Create a small "pampering" package to give to about-to-be moms. This could be a small basket with multi-vitamins, herbal teas, moisturizing lotion, bath salts, whatever helps keeps a mom staying healthy.	<b>MDG 5</b>
12.	Make a giant domino set with pictures or ideas that connect one idea to another when put into a domino train e.g. one domino has a baby on one side, and a mosquito on the other, a 2nd domino has bed netting on one side and a graduation cap on the other, the 3rd has a girl receiving a diploma on one side and a knitted cap on the other, etc.	<b>MDG depends on the pictures used</b>



**SPEAKING OUT CATEGORY ACTIVITIES**

1.	Make a giant mural of famous women who have accomplished great feats and display it at an event.	<b>MDG 2 or MDG 3</b>
2.	Write a short article or commentary for an editorial page in a local newspaper about an issue affecting women in your community.	<b>MDG 3</b>
3.	Make up a rhyme or rap or chant that celebrates what women can do—teach it to other groups.	<b>MDG 3</b>
4.	Have the girls do a presentation for an event on their favourite “Superwoman” - have fun with the idea while promoting the special women in a girl’s life.	<b>MDG 3</b>
5.	For younger girls, supply the printed quilt squares or, for older girls, give them blank white squares and have girl stick figures drawn on to be colored and then made into a quilt hanging to go to a local charity.	<b>MDG 3</b>
6.	Make postcards to send to a town council or local MP, etc. speaking out on an issue related to one of these MDGs.	<b>MDG 3 and depends on the message</b>
7.	Create a display of 1500 items – stones, popsicle sticks, marbles, etc. with a sign or poster that says each item represents a child who will die of a preventable disease within the space of an hour somewhere in the world.	<b>MDG 4</b>
8.	Make a poster showing the dangers of certain things for pregnant women and some of the good choices they can make. Give it to a health unit or clinic.	<b>MDG 5</b>
9.	Create a silent sign flash mob - with younger girls, determine the message you want to give and have the leaders help the girls create the signs while older girls can do the work themselves. Go to a public place and create a sign show; do it three or four times to attract enough time to read the message.	<b>MDG depends on the message</b>
10.	Make a giant jigsaw puzzle using girls worldwide say “together we can change our world” and assign a piece of the puzzle for each girl to decorate. Use at an advancement or enrollment or Thinking Day ceremony.	<b>MDG depends on the message</b>



## REFERENCES

The following references will help you learn more about the Millennium Development Goals. These references were used as resources to guide us in the creation of this challenge.

United Nations Millennium Development Goals:

<http://www.un.org/millenniumgoals/>

Millennium Development Goals information, as presented by WAGGGS:

[http://www.waggggs.org/en/take\\_action/gat/mdgs](http://www.waggggs.org/en/take_action/gat/mdgs)

WAGGGS Global Action Theme (GAT) badge information:

[http://www.waggggs.org/en/take\\_action/activities/gatbadge](http://www.waggggs.org/en/take_action/activities/gatbadge)

WAGGGS GAT Badge curriculum:

<http://www.waggggs.org/en/grab/20082/1/2GATcurriculumENG.pdf>

WAGGGS World Thinking Day badges:

<http://www.worldthinkingday.org/en/about/WTDbadge>

WAGGGS World Thinking Day Themes and Activities (includes links to activity packs):

<http://www.worldthinkingday.org/en/activities10>

Girlguiding UK *Together We Can*:

<http://www.girlguidingshop.co.uk/Together-We-Can.aspx>

Girlguiding New Zealand *Get Going Girl Challenge*:

<https://www.girlguidingnz.org.nz/for-girls/programme/get-going-girl-challenge>

Girl Guides Australia *Go Girl Activity Pack*:

[http://www.girlguides.org.au/public/attach/go\\_girl\\_final\\_web.pdf](http://www.girlguides.org.au/public/attach/go_girl_final_web.pdf)

Oxfam *Change the World in Eight Steps*:

<http://www.oxfam.org.uk/education/resources/change-the-world-in-eight-steps>

Bridges community resources:

[http://www.bridgesglobal.org.uk/resources\\_to\\_download\\_community.html](http://www.bridgesglobal.org.uk/resources_to_download_community.html)

How to download YouTube videos to watch offline:

[www.wikihow.com/Download-YouTube-Videos](http://www.wikihow.com/Download-YouTube-Videos)



## PROGRAM CONNECTIONS

Wondering how the activities in the Girls Worldwide Challenge fit into the rest of your unit's program? The tables on the following pages outline program connections for each branch. Note that you will need to refer to the program book to determine how many activities you have covered in the program. Some of the activities in the challenge are not exactly the same as the activities in the program book, but they meet the program objective, just the same. If you find other connections to your program, please feel free to give your girls credit for them (and email the Program Committee so we can update these tables!)

This is not a comprehensive list, feel free to apply your activities to other parts of the program as you see fit. Remember that each activity you complete can accomplish multiple parts of the program.

### Spark Program Connections

Being Me – Who Am I?	Learning: 1, 4, 10, 13, 14, 15 Acting: 1, 5, 8 Speaking Out: 1, 2, 3, 4
Being Me – About Me	Learning 12
The World Around Me – Diversity Meeting	Learning: 11
The World Around Me – Birthdays Around the World	Acting: 8
The World Around Me – Additional Activity	Learning: 3
Being Healthy – Healthy Breakfast	Learning: 19
Being Healthy – Heartbeats	Acting: 10
Being Healthy – Additional Activity	Learning: 16, 17, 18, 19, 21 Acting: 9 Speaking Out: 9, 10 (if MDG 4 or 5)
In My Community – Additional Activity	Acting: 2, 3, 7, 11 Speaking Out: 5, 6, 7

**Brownie Program Connections**

Key to My Community – Jobs in the Community	Learning: 1, 4
Key to My Community – Community Counts interest badge	Acting: 2, 3, 7, 11 Speaking Out: 5
Key to Me – Helping Others	Learning: 6
Key to Me – I Feel Proud	Learning: 15
Key to Me – Special Interest Badge	Learning: 11, 12
Key to Active Living – Fabulous Food	Learning: 18, 19, 20, 21
Key to Active Living – Good Health	Learning: 16, 21
Key to Active Living – Germ Buster	Learning: 17 Acting: 9
Key to Active Living – Food Power interest badge	Learning: 20
Key to Active Living – Go For It interest badge	Acting: 10
Key to the Living World – Plant Life	Learning: 20
Key to I Can – Party Planner	Acting: 8
Key to the Arts – Art by Hand	Speaking Out: 5
Key to the Arts – Tell It interest badge	Speaking Out: 2, 3
Key to Girl Guides – Taking Part interest badge	Speaking Out: 7, 9, 10

**Guide Program Connections**

Discovering You – Discover What’s Important to You	Learning: 1, 4, 5 Acting: 5
Discovering You – Understand How to Be Responsible	Learning: 2, 6 Acting: 6
Discovering You – Stay Fit and Healthy	Learning: 11, 12, 16, 17, 19, 20, 21 Acting: 9, 10
Beyond You – Discover Your Community	Learning: 3, 10, 15 Acting: 1
You and Others – Learn about Leadership in a Group	Learning: 13, 14 Speaking Out: 1, 3, 4
You and Others – Learn about Safety	Learning: 18, 21
You and Others – Build Skill in Communication	Speaking Out: 6, 9
You and Others – Learn How to Plan	Acting: 8
You in Guiding – Be Involved in your Community	Acting: 2, 3, 7, 11, 12 Speaking Out: 2, 5, 6, 7, 8, 9, 10
Adventures in Guiding interest badge – Cultural Awareness	Learning: 3, 11
Being Healthy interest badge – Healthy Eating	Learning: 18, 19, 20, 21
Fun in the Outdoors interest badge – Gardening	Learning: 20
Fun in the Outdoors interest badge – Naturalist	Learning: 5
Girls Creating interest badge – Art Production	Speaking Out: 1
Girls Creating interest badge – Fashion	Learning: 3
Girls Creating interest badge – Kitchen Creations	Learning: 17, 18, 19 Acting: 9
Girls Creating interest badge – Needlework Skills	Acting: 7 Speaking Out: 5
Girls Creating interest badge – Performing Arts	Speaking Out: 9

**Guide Program Connections (continued)**

Girls Creating interest badge – Reporting	Learning: 4 Acting: 5
Girls Creating interest badge- Singing	Learning: 17
Girls Creating interest badge – Writing	Learning: 17 Speaking Out: 2, 3
Personal Growth interest badge – Career Awareness	Learning: 1, 4 Acting: 5
Personal Growth interest badge – Event Planning	Acting: 8
Personal Growth interest badge – High on Life	Learning: 12
Science & Technology interest badge – Body Works	Acting: 7, 11
Science & Technology interest badge – Plants and Animals	Learning: 20

**Pathfinder Program Connections**

Creating Your Future – Your Dream Career	Learning: 1, 4
Creating Your Future – Follow that Woman	Learning: 14 Acting: 5 Speaking Out: 1, 3, 4
Creating Your Future – Lending a Hand	Acting: 2, 3, 10, 14 Speaking Out: 5, 7
Creating Your Future – Event Planning	Acting: 8
Finding the Path – Broaden Your Horizons	Learning: 3
Finding the Path – Bridging the Gap (if activities done with younger girls)	Acting: 9, 10
Girls Stuff – Relationships, Values and Choices	Learning: 5, 13 Acting: 6
Girls Stuff – Girls Just want to Have Fun	Learning: 11, 12
Girls Stuff – Media and Image	Learning: 11, 12 Speaking Out: 3, 9, 10
Girls Stuff – Hot Topics for Youth	Acting: 4, 12 Speaking Out: 2, 6, 8
A World to Discover – What’s Up Around the World	Learning: 6, 10, 15
Living Well – We Are What We Eat	Learning: 16, 18, 19, 20, 21
Exploring Themes – Puzzle Me	Acting: 1, 12 Speaking Out: 10
My Music, Movies and More – #4 Join the Scrapbooking Craze	Learning: 15
Let’s Take it Outside – #8 Winter Wonderland	Learning: 17

**Ranger Program Connections**

Leadership – Gender Roles	Learning: 1, 4
Leadership – Role Models	Learning: 14
Leadership – Barriers to Communication	Learning: 8
Leadership – Constructive Criticism	Learning: 13
Leadership – My Inspiration	Learning: 14 Speaking Out: 4
Global Awareness – Learning About the World	Learning: 3, 10
Global Awareness – International Days	Learning: 15
Global Awareness – Advocacy	Speaking Out: 2
Global Awareness – What Matters to You	Speaking Out: 7
Global Awareness – A Helping Hand	Acting: 2, 3, 7
Celebrate Guiding – Making a Difference	Learning: 6, 15
Celebrate Guiding – Girls Worldwide Say	Speaking Out: 6, 7, 9, 10
Healthy Living – Young Mothers	Learning: 21 Acting: 6, 11 Speaking Out: 8
Healthy Living – Let’s Talk About Sex	Acting: 4
Healthy Living – Your Choice	Learning: 11, 12
Healthy Living	Learning: 9, 16, 17, 18, 19, 20
Community Connections – Influence Others	Learning: 21 Acting: 4 Speaking Out: 8
Community Connections – Community Challenges	Speaking Out: 2
Community Connections – Raise Your Voice	Speaking Out: 2
Explore Your Creativity – Documenting Your Reality	Learning: 6



**Ranger Program Connections (continued)**

Explore Your Creativity – Fashion Around the World	Learning: 3
Explore Your Creativity – Videography	Speaking Out: 9
Explore Your Creativity – Being Crafty	Speaking Out: 5
Explore Your Creativity – Women and Art	Speaking Out: 3
Your Future – Growing Up	Learning: 1 Acting: 1
Your Future – The Famous Five and You	Speaking Out: 1
Your Future – Gender Roles	Acting: 5