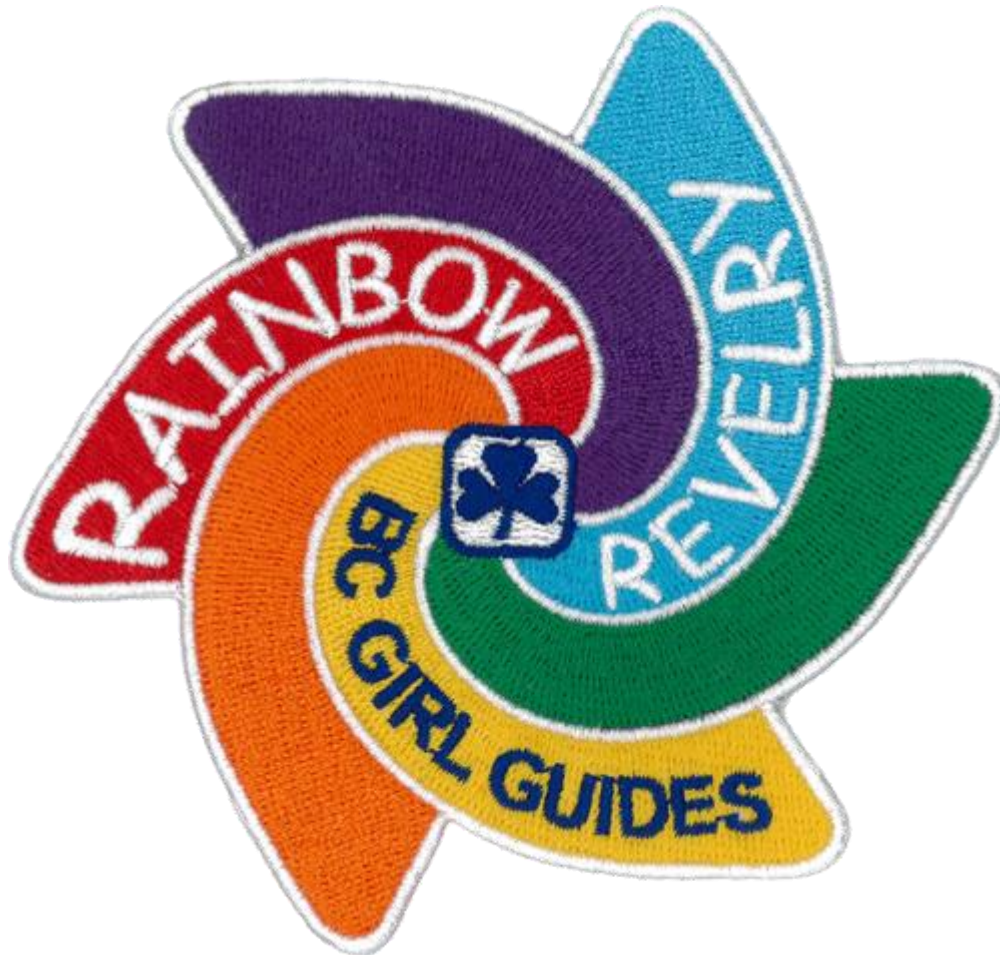


# RAINBOW REVELRY TOOLKIT

SPARK/BROWNIE EVENT RESOURCE  
FROM THE BC PROGRAM COMMITTEE

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## RAINBOW REVELRY TOOLKIT

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## FOREWORD

If you're looking for magic, look no further than the end of a rainbow! The BC Program Committee wants to bring a little magic to every Spark and Brownie's experience; and if we supply the ingredients for that magic, we've also made every leader's life a little more magical by doing all the hard work!

This toolkit is designed to be an aid in creating an event for girls – hopefully, you will find it can be used at the unit, district or area level. We will give you the starting point and, from there, the possibilities are endless.

We will give you activities, crafts, games, songs, food and more to plan the kind of fun that Sparks and Brownies love to have!

Plan this event as a party or take it outdoors. The girls will enjoy either venue and you can make the event meet your needs.

If you have questions, please send them via email to the Program Committee, at: [program@bc-girlguides.org](mailto:program@bc-girlguides.org).

We hope you enjoy this toolkit and share the rainbow!

BC Program Committee, 2014



# ALL YOUR QUESTIONS ANSWERED

## Who for?

This toolkit is designed to be used with Spark and Brownie groups – from 10 to 1000 girls – it's up to you and your imagination! However, you could adapt the concept of this event for older girls.

## Who by?

Carrying out the plan will be up to the unit, district or area interested in holding the event.

## What?

This event offers an opportunity for girls to bridge, to have fun, to do program in a fun way, to create great memories and to experience a great assortment of games, crafts, activities and ideas.

## When?

The Rainbow Revelry can be held at any time of the year, any day of the week and any time during the day or evening. Time can range from a couple of hours to a full day, dependent upon how many activities you wish to incorporate and what you ultimately wish to make of the event. We will offer a wide variety of schedules.

## Where?

The activities and suggestions being offered are suitable for outside modifications as well as any indoor venue deemed large enough for the number of participants you wish to include. Decorations can be varied and chosen in accordance with the more specific theme you go with.

## Why?

The Program Committee believes that all fun that girls have in Guiding meets Program requirements – we will give you great ways to find that pot of gold at the end of the rainbow while ticking off boxes on the girls' record sheets!

## How?

Gather a team (ask for help if you need to - with larger groups, such as an area event, the area program adviser should be consulted and can get involved). Decide on the girls you would like to see involved in the Rainbow Revelry. Send out SG1 and SG2 forms with enough time to reply back. Use the toolkit for final choices in food, crafts, etc. and create your shopping lists, venue needs and to-do lists. Enlist more help if needed such as parent volunteers, Link or Trefoil members, Rangers or Pathfinders. Then go have a great time!

## POSSIBLE SCHEDULES

### Evening Rainbow Revelry Ball

- A party where the girls get to dress up and sparkle!
- Plan a time of 5:30 to 7:30 PM, 6:00 to 8:00 PM, or 6:00 to 7:30 PM with a couple of hours preparation time beforehand.
- Venue would be a large hall with an area for girls to dance and mingle.
- As girls arrive, provide them with a pre-made nametag and have a volunteer direct them to a station or area where they are able to do the individual activity they have been given. Dependent upon group size, the girls can be cycled through stations or allowed to join in when there is room at a station, as there can be music to dance to or someone singing songs or supervising the girls while they visit.
- Food will be part of the evening and there can be large group activity, if desired.

### Weekend Afternoon Event

- Plan for a 4 hour event that combines a party atmosphere with lots of fun stations.
- 12:30 to 4:30 PM is an ideal time with the girls having had an opportunity to eat lunch prior to the event – snacks will be integrated into the afternoon.
- Planned as an indoor event, the party atmosphere can be played up or, planned as an outdoor event, it can be a little more active and challenge oriented. Prep time of a couple hours will still be required, no matter which choice you make.

### Day Camp

- There are enough activities and ideas in here to do a day camp or even a full overnight camp – look at the travel time and availability of the girls involved when making this choice.
- This option can give you the best of both worlds – a chance to get lots of activities in and a chance for the girls to dress up and have a party – all geared to the land of rainbows!

# EVERYTHING YOU NEED FOR A PARTY

This section will give you all the tools necessary to deliver this event as a party for the girls you invite.

## Checklist

- |                                      |  |
|--------------------------------------|--|
| <input type="checkbox"/> Invitations | <input type="checkbox"/> Activities            |
| <input type="checkbox"/> Decorations | <input type="checkbox"/> Food and refreshments |
| <input type="checkbox"/> Nametags    | <input type="checkbox"/> Supplies and Tips     |

## Invitations

1. The simplest type of invitation is created on a computer and distributed by the planning team to all the girls. This can be a simple yet colourful e-mail invitation with all of the relevant information included, and the Safe Guide forms attached.
2. You can purchase pre-printed invitations, paper with rainbows or look for a suitable template on the internet, then design the look with font choices, necessary information and graphics, if desired.
3. Have the girls design an invitation to send out–this will fulfill some program requirements, too! You can make your own cards such as those in the following online examples:  
<https://www.google.ca/#q=rainbow+pop+up+card>  
<https://www.google.ca/search?q=over+the+rainbow+card&tbm=isch>  
<https://www.google.ca/search?q=rainbow+love+card+qtips>
4. Make sure you include any pertinent information such as whether the girls are to dress up or dress in a particular colour, etc; also, if the girls are supposed to bring something such as a healthy snack or a donation for a food bank, etc.

## Decorations

With a rainbow theme, the possibilities are endless, but here are a few suggestions:

1. Balloons are wonderful for a party – if you have helium, blow balloons up, enough for each girl attending, and put on ribbon in the rainbow colours. Allow all the balloons to hang free with the ribbons loose as the girls walk in – it is an amazing sight. If you do not have helium (or want to supplement with additional balloons!), create balloon garlands, blowing up balloons and stringing them together tightly and hanging them from one area to another. Balloon arches are fairly simple to make and a lot of balloons make a grand statement. Or make a balloon topiary. Also, balloons are great for occupying the girls – they can also be used for many games, so are dual purpose. **When using balloons, please verify that there are no latex allergies. Some are serious enough that you can't have latex balloons around at all.**
2. Garlands – have the girls make paper chains ahead of time in rainbow order or create bright garlands by taking inexpensive dollar store plastic tablecloths and



cutting them into foot wide strips and then fringing the strips and hanging in rainbow order. Crepe paper streamers work well too.

3. Pom-Poms – use tissue paper and make pom-poms that can then be strung up to hang. See the following online examples:  
<https://www.google.ca/search?q=pom+pom+tissue>  
<https://www.google.ca/search?q=rainbow+paper+pom+pom>
4. Flagging tape makes inexpensive ribbon and is available in a rainbow of colours. Attach long strips of flagging tape or crepe paper all around a hula hoop, then tie the hula hoop up to create a “chandelier”.
5. Use coloured paper treat bags as floor decorations, use paint chip samples to create rainbows.
6. Lighting – Christmas lights can find a new use – tape rope lights down to form a dance floor or string lights across the stage or an archway that the girls can enter through. LED candles are great, too, and can have rainbow coloured votive holders made in a previous meeting to hold them. Use glow sticks in coloured water bottles to line a walkway where the lights have been dimmed.
7. Get paper plates and cups and napkins in all the colours of the rainbow. If you have a big enough area to have the girls seated at tables, use tablecloths and placemats. If you only have room for food tables, do the same on those. Use poster board or wrapping paper to make placemats and centerpieces to carry on the rainbow theme, or use pots of gold.
8. Create rainbow murals, or have them ready to be created by the girls as a station activity.
9. Or go white! Use white paper for tablecloths or placemats, place white paper on the walls as murals and place jars of bright crayons or chalks and let the girls do the decorating!

## Nametags

If you are having more than one unit at your event, or just love making them, nametags are a good idea. If you plan to divide the girls into groups to go through stations or the food line, etc. using the colours to create groups can help.

1. Paint chip samples can work well – get bright colours, trim off the writing and you have brightly coloured name tags.
2. Create cloud nametags with rainbow ribbons or flagging tape hanging from the cloud.
3. Cut out balloon shapes in the different colours.
4. Use coloured cupcake liners with a white circle in the center to create “flowers”.

5. String coloured alphabet beads together to form the names if you know the names of the girls who are going to be there in advance–this can be a more expensive craft dependent on where you find the beads.

Know that the amount of girls coming may affect your decision as to what kind of nametag you create, especially if time is a priority.

## Activities

When holding a party/ball keep it simple – the girls will get most of their fun from the atmosphere, dressing up, food and dance/music.

To keep with the theme, activities can include brightly coloured buckets, balls, and materials that all help the theme along. Even brightly coloured water for water games is fun!

For party-style events, keep the activities simple and able to accommodate large groups without a lot of explanation - things will go so much better if you do.

See the Games and Activities section for ideas.

## Food and Refreshments

There are a couple options in this area:

1. Ask the girls and their parents to supply a snack for approximately 6 people and the organizing team supplies the beverages. The parents and girls can be asked to provide the treat in the rainbow theme and most will accommodate.
2. The team supplies all the refreshments–both the snacks and the beverages. This way does require more time and money, but can be helped by older girls offering to create the snacks and getting involved in the preparation and service of the snacks.

**NOTE:** All snacks should be given in moderation, taking into account allergies and providing healthy choices.

Some snack ideas are:

1. Rainbow fruit skewers or rainbow fruit cups – prepare skewers with pineapple or banana, mango, cantaloupe or orange slices, strawberries or raspberries, blueberries or blackberries, purple grapes, green grapes or honeydew – and a yogurt dip.
2. Rainbow veggie platters – red, yellow, orange and green peppers, carrots, broccoli, cucumber or celery & veggie dip.
3. Rainbow pudding or yogurt pops – easy to make with small plastic glasses, lots of vanilla pudding and food colouring, or various fruit yogurts, and popsicle sticks – make a large quantity of pudding, divide into lots, colour to choice and then layer in the glasses. Or, make the layers with a variety of fruit yogurts. Cover with plastic wrap, poke a stick through into the pudding or yogurt and then freeze for a few hours.

4. Rainbow parfaits – layer fruits (strawberries, raspberries, blueberries, etc.) with different types of yogurts (strawberry, peach, blueberry, vanilla, etc.).
5. Rainbow Jell-O is easy to make, but takes a little more time to create the layers.
6. Rainbow cupcakes – use white thin liners so the rainbow shows through-just colour white mix in small lots of different colours and spoon into the cupcake tins.
7. Rainbow meat and cheese platter – lay out some deli meat, cheddar cheese slices, mozzarella cheese, cucumber slices/pickles, olives, etc.
8. Rainbow veggie wraps – use sundried tomato wraps or spinach wrap for the outside and stuff with red, orange, and yellow bell peppers, lettuce, cucumbers, and some chicken slices. Add some ranch dip or cream cheese to the wraps.
9. Rainbow goldfish crackers.
10. Crackers and dip - hummus (can be made in different colours by adding different vegetables, e.g. red pepper, beet, carrot), guacamole, spinach dip, etc.
11. Rice Krispie treats made with coloured marshmallows or coloured cereal – search online for recipes: <https://www.google.ca/#q=rainbow+rice+krispies+recipe>.
12. Find many more ideas online: <https://www.google.ca/#q=rainbow+snacks&tbm=isch>.

## Supplies and Tips

### Invitations

- Paper – plain for computer printing and/or cardstock to create handmade invitations
- Set of information required to be included in the invitations
- Glue, scissors, pens, paint and brushes, ribbons, paper cutter, etc. – if creating handmade cards

### Decorations

- Balloons and helium or balloon pumps, ribbon (lots of it!), scissors, weights (optional)
- Table settings – tablecloths, plates, napkins, cutlery, cups, placemats
- Room décor – materials to create murals, centerpieces, garlands, etc. – depends on choices
- Lights (optional), candles, disco ball, etc along with music system, if desired
- Props or game pieces or goodie bags may lend themselves to being part of the decor

## Activities

This will be dependent upon specific activities, but here are some tips:

- Make sure your team actually makes a prototype or, even better, have a girl of that age make it under supervision – did it take the time you thought it would? Have you recorded everything you need for actual supplies, unit supplies such as glue sticks and scissors, and figured out how much of everything you will need?
- Figure out logistics – do you need electrical power? A drying area? Room to spread around a table? Is the team leaving room for movement through the room? Dancing?
- Know your limitations – larger groups require simpler methods. Do you really want to use glitter with 100 girls? Will the glue used allow for the girl to play with the craft right away? There's nothing worse than having a Spark frustrated that her craft keeps falling apart because she wants to play with it right away, so consider alternatives – can you use tape or staples instead of glue?, etc.
- Have you built in flexibility? Can you have more girls at a station than another if one craft is done too quickly? Can the craft be a take-home if the girl is unable to do it at the time? Can the girls do it alone at their spots rather than with the group?

## Food and Refreshments

- Punch bowls, serving jugs, cups, ice, straws
- Napkins, paper towels, plates, garbage bags (for all the waste)
- Labels for food either supplied by the team or filled out by the parents are great ways to make sure girls who have dietary concerns know what they are eating
- Have someone supervising the table for portion control and for food safety reasons
- Is there the ability to keep things cold or heat things up? Check beforehand.

## Prep and Clean-Up

This is the one we would all like to forget, but needs to be taken care of, so here are a few tips:

- Is the team able to get in ahead of time to prep? Stay late to clean up? If not a regular meeting place, make sure the contract covers this time.
- Do you have the necessary help – ladders, tape, extension cords, stove or fridge, tables and chairs, bathroom supplies, cleaning cloths, scissors, broom and dustpan, mop, soap and water?
- If using a sound system, have you tried it out ahead of time? Do you have a back-up plan?
- Do you need to worry about parking?

## CRAFT AND ACTIVITY IDEAS

The next few pages will give you a lot of ideas to use; the ideas have been listed by colour. You can choose your ideas dependent on your event format. This list is far from complete – feel free to use your own ideas to fill each colour theme. The appendices include full details for each craft and activity.

In addition to the following ideas, consider hosting an international colour-themed event. Choose your countries to focus on based on the national flag colours (see [http://en.wikipedia.org/wiki/List\\_of\\_countries\\_by\\_colors\\_of\\_national\\_flags](http://en.wikipedia.org/wiki/List_of_countries_by_colors_of_national_flags)). For example, you could choose Japan for red, Ivory Coast for orange, Ukraine for yellow, Zambia for green, Greece for blue and Dominica for purple. These are just some possibilities of how you could adapt an event to fit with a colour theme.

## Red Crafts and Activities

1. Ladybugs
  - a. Hat craft/trader
  - b. Beanbags: Make ladybug beanbags or have the girls make them – very simple stitches are part of program work. Then the fun begins – create a number of challenges using the beanbags, such as balancing them on the head while walking, hitting a target or throwing through a hole.
  - c. Love bug ladybugs: These are cute as tray favors for a service project or as a small thank you gift.
  - d. Sing the song “Ladybug, Ladybug”
2. Red birds: Here is a chance to teach the girls about birds.
  - a. Make a “Rockin’ Robin.”
  - b. Make a paper bag puppet.
  - c. Make a bird mask.
3. Chinese New Year: Red is the colour associated with Chinese New Year.
  - a. Create a dragon and perform a dragon dance.
  - b. Have the girls create “lai-see” envelopes to learn about giving and traditions.
  - c. Learn a new game called “throwing the Square” and use red beanbags.
  - d. To incorporate math, make red tangram shapes and introduce the tangrams to the girls.
  - e. Make red paper lanterns.
  - f. Try making a Chinese drum.
4. Apples:
  - a. Try apple printing. Use red apples to create wrapping paper or a wall hanging or a place mat you can then cover in MACtac.
  - b. Use apples to create active games such as pass the apple, bob for apples or hide the apple.
  - c. Teach the grace “Johnny Appleseed.”
  - d. Have the girls learn how to make baked apples.
  - e. Make a turkey with an apple and other fruits.
5. Poppies: create poppies for a Remembrance Day wreath or as a tray favour for a veterans’ home.
6. Dala horses: Introduce another country by making felt or paper Dala horses, traditionally red and given to children in Sweden at Christmas.
7. Poinsettias are fairly easy to make.

8. Play the traditional game Red Light, Green Light.

9. Play the Red Lion game.

10. Strawberries

- a. Pin the Stem on the Strawberry is similar to Pin the Tail on the Donkey.
- b. Strawberry-scented sparkly playdough smells very yummy and is fun, too!
- c. Play a game of Strawberry Toss when it's hot outside.
- d. Have a Strawberry Relay.

Some other red ideas you could use:

- candy canes
- cherries
- cranberries
- English phone booths (traditionally)
- fire hydrants (traditionally)
- fire trucks
- hearts
- Little Red Riding Hood
- little red wagon
- mailboxes (traditionally)
- Queen of Hearts (Alice in Wonderland)
- raspberries
- red carpet ceremony
- red crabs
- the Red Cross and/or First Aid
- red toadstool with white polka dots
- roses (especially in Wonderland)
- Rudolph's nose
- Santa Claus
- targets

## Orange Crafts and Activities

1. Oranges: it's the first thing we think of, so why not use them in a station?
  - a. Try making bird feeders.
  - b. Make a pomander ornament.
2. The Lorax: A perfect orange creature to teach the girls about the environment!
3. Goldfish: The name is deceiving, but goldfish are actually orange, not gold!
  - a. Goldfish tray favours using the little goldfish crackers.
  - b. Have them make a Japanese windsock goldfish using simple materials.
  - c. Create a goldfish bowl with paper plates.
4. Cheetos: Games with cheesies!
5. Tigers: Want to touch on an endangered species? Here's an opportunity. Tigers are favourites with the girls, so talk about them while making a paper bag puppet.
6. Pumpkins:
  - a. If it's the right time of year, get mini pumpkins for the girls to decorate-rather than carving, have them use craft supplies to create a face.
  - b. Make pumpkin pots and use them as the container to plant pumpkin seeds into dirt or perhaps a plant already growing such as pumpkin flowers.
  - c. Try pumpkin bowling with small pumpkins instead of balls.
  - d. Having a science-themed event? Use jack-o-lanterns as the vehicle for volcano explosions of vinegar and baking soda.
  - e. Use jack-o-lantern pails for beanbag or ball games – use your imagination!
  - f. Make mini pumpkin turkeys.
  - g. Make pumpkin tea light lanterns.
7. Carrots:
  - a. As a service project, create cute carrot tray favours.
  - b. Teach the girls whittling using carrots and peelers instead of twigs and knives – gives them the technique in a much safer way that they can then build on as they practice.
8. Autumn Leaves: Orange is the colour of fall and leaves are great craft materials:
  - a. Create a pinecone turkey with leaf tails.
  - b. Create a turkey collage using leaves only.
  - c. Do leaf rubbings.
  - d. Make crayon melt pictures.



### 9. Safety Cones:

- a. Do all kinds of active games and use small orange safety cones as your start and finish lines or as part of your obstacle course – they can be purchased at dollar stores and re-used time and time again.
- b. As part of a safety focus, make a safety cone hat craft – give it eyes and use it to illustrate points.

10. Basketballs: Name a ball that's orange and you will get "basketball" – again, another great opportunity to do active games using a basketball or orange play balls.

### 11. Monarch Butterflies:

- a. Butterflies are always a great hit with the girls. Make a clothespin butterfly craft.
- b. Make a butterfly mask.
- c. Make a yarn butterfly.
- d. Make butterfly snack bag favours.

12. Fire: Fire flames are traditionally yellow and/or orange so these ideas could be done at a yellow station also.

Some other orange ideas you could use:

- apricots
- bird beaks
- candy corn
- cantaloupes
- cheddar cheese
- clownfish (Nemo)
- duck feet
- marmalade cats (Garfield)
- papayas
- peaches
- stamen of lilies
- sunsets
- tiger lilies
- yams

## Yellow Crafts and Activities

1. Ducks: Nothing says yellow more than a rubber duck!
  - a. Rubber duck challenges: use rubber ducks in many different “challenging” activities.
  - b. Rubber duck hunt: search for ducks.
  - c. Rubber duck fishing.
  - d. Rubber duck races.
  - e. Tennis ball duck: a cute duck craft.
2. Bees:
  - a. Make a bee hat craft.
  - b. Bee prepared kit: everyone needs a “bee prepared” kit!
  - c. Make a glow bee craft using a plastic egg and a glow stick.
  - d. Queen, Drone, Worker game: learn about the jobs in a beehive.
3. Daffodils: For spring or Mothering Day in England do daffodils.
  - a. Make a daffodil craft using cupcake liners.
  - b. Sing the “I Like the Flowers” song.
4. Bananas:
  - a. Have a banana Olympics.
  - b. Make some banana snacks.
  - c. Sing the Banana song.
5. Smiley Face: this symbol, traditionally yellow, is great for a “hippie” or “retro” theme.
  - a. Smiley face crafts: use the smiley face symbol on a variety of craft items.
  - b. Sing the “Brownie Smile” song.
6. Corn: Yellow corn is usually a favorite food of kids, so build on their likes.
  - a. Make cornstarch putty, a non-Newtonian fluid.
  - b. Make and blow corn syrup bubbles.
  - c. Corn prints: create cool patterns by using corn on the cob and paint.
  - d. Corn maze: if you have access to a corn maze, they are lots of fun!
7. Pencils: Yellow pencils are the staple of any school – have fun with them!
  - a. Backflip pencil game: test your hand work.
  - b. Pencil and paper games: lots of quiet game options.
  - c. Make a pencil holder for your yellow pencils.

8. Rain Boots: Though they come in many colours now, but one traditional colour was yellow!
  - a. Welly Wanging: try this crazy boot throwing game from Britain.
  - b. Rain boot planter: incorporate planting a mini garden into your activity.
9. Safety/Caution: Yellow is the colour of safety or caution, so have the girls act out scenarios where they need to be aware of their safety. Mark off the area with caution tape to accent the learning.
10. How about “Tie a Yellow Ribbon Round the Old Oak Tree” – introduce the song and talk about going to war – perhaps in conjunction with Valentines for Vets or Remembrance Day.
11. Yellow Fish Road: introduce the idea of environmental service and what the Yellow Fish Road project does.
12. Butter:
  - a. Include a science experiment and turn milk into butter the old-fashioned way.
  - b. Make butter cookies.
13. Yellow Submarine: Teach them a few lines of the Beatles’ song and have fun with an underwater adventure by making a submarine.
14. Rubber Chicken Games: the latest craze!
  - a. Chuck the Chicken.
  - b. Chicken Detective.
  - c. Rubber Chicken Blob Tag.
  - d. Hacky Chicken.
  - e. Duck-Duck-Chicken.

Some other yellow ideas you could use:

- canaries
- gold
- lemons
- macaroni
- popcorn
- school bus
- sing Wheels on the Bus song
- stars / constellations
- sun
- sunflowers

## Green Crafts and Activities

1. Frogs:
  - a. Make a jumping frog.
  - b. Make a fuzzy frog prince for your camp hat.
  - c. Make a paper plate frog puppet.
  - d. Use a cup to make a frog.
  - e. Incorporate science with a friction frog activity.
  - f. Sing some frog songs.
  - g. Encourage teamwork with a game of Frogs and Ants.
  - h. Learn how to cooperate with others while playing Frogs and Crocodile.
2. Elves & Leprechauns: Green is the colour for elves, whether it is St Patty's leprechaun or a Christmas elf or a forest elf.
  - a. Make an elf craft.
  - b. Have a relay race where the girls become elves.
  - c. Try to guess who the Leprechaun is with a dancing game.
  - d. Play Giants, Wizards, Elves.
3. Frankenstein: This "monster" is often depicted as green.
  - a. Make a paper bag Frankenstein.
  - b. Have a relay race where the girls act like Frankenstein.
4. Grass:
  - a. Sing the song "Green Grass Grew All Around"
  - b. Make your own "Chia" pet using grass seed.
5. Turtles:
  - a. Make a turtle hat craft.
  - b. Create a target turtle to practice your throwing skills.
  - c. Play a game of Turtle in the Shell and try to figure out who is hiding.
6. Caterpillars: these can be any colour but are often green.
  - a. Make a caterpillar on a pencil.
  - b. Play a caterpillar game which gives the girls a chance to experience collaboration by working together.
  - c. Have a balloon caterpillar race.
7. Grasshoppers: make a grasshopper hat craft.

8. Cactus: make a pincushion cactus as a gift.
9. Oscar the Grouch:
  - a. Make this famous character to hang from your hat.
  - b. Play some garbage games.
10. Use the idea of “going green”: talk about what it means to “go green”
  - a. Do an environmentally-friendly craft such as upcycling
  - b. Do an environmental service project.
11. Slime / Oobleck: ooey, gooey fun!
12. Trees:
  - a. Play Hug a Tree outdoors.
  - b. Four Trees is another outdoor game.
  - c. Make a tree craft.
13. Peas:
  - a. Read the story of the Princess and the Pea.
  - b. Play a Princess and the Pea pillow game.
  - c. Hunt for peas.
  - d. Make a peapod hat craft.
  - e. Plant peas
  - f. Use dried peas to create a beanbag or weight for a craft.

Some other green ideas you could use:

- aliens
- alligators
- broccoli
- clovers
- cucumbers
- emeralds
- green grapes
- the Grinch
- jungle
- leaves
- lizards
- moss
- red/green colour blindness
- snakes

## Blue Crafts and Activities

1. Water: Yes, we know water is clear but the girls will name water as blue when asked.
  - a. Play some water games.
  - b. Incorporate science with some water experiments.
2. Sky:
  - a. Make watercolour paintings of an outdoor scene, which includes the sky, of course.
  - b. Make a kite and fly it.
  - c. Try some weather experiments.
  - d. Make your own wind energy with a pinwheel.
3. Blue whales:
  - a. Find out just how big a blue whale is.
  - b. Make a flowerpot whale.
  - c. Play a game from Denmark, The Ocean is Stormy, which includes whales.
4. Cookie Monster: If any girls have watched Sesame Street, they'll name this lovable character.
  - a. Teach girls about cookie selling by making a Cookie Monster puppet and then performing skits about cookie selling.
  - b. Use him as a chance to bake some cookies.
  - c. Once you have a Cookie Monster and cookies, learn about preserving our environment by making some chocolate chip cookies.
5. Bluebirds:
  - a. Play a singing game called Bluebird, Bluebird.
  - b. Make your own baby bluebird nest.
6. Blue tarps: Use tarps to create games and teamwork challenges.
7. Blueprints: Try making blueprints.
8. Bluebells:
  - a. Make a bluebell fairy.
  - b. Play a singing game from Ireland – Dusty Bluebells.
9. Blue tape: use this painter's tape in a variety of ways.
10. Bluenose: This famous ship gives us a chance to do some program on Canada – complete part of the Cross Canada Challenge.

11. Blue box: Have a blue box recycling relay.
12. Blueberries: learn about this healthy fruit.
13. Girl Guide blue: have a bridging station with Guides or incorporate the history of Guiding into your event.
14. Peacock:
  - a. Make a tissue tube representation of this colourful bird then tie in some international games from India, as the peacock is the national bird of India.
  - b. Read a few Aesop Fables about the peacock.

Some other blue ideas you could use:

- blue jeans
- blue moon
- Blue Penguins (also known as “Little Penguins”)
- Blue’s Clues
- blues music
- the ocean
- robin’s eggs
- Russian Blue cats
- sapphires
- Smurfs
- Steller’s Jays – the provincial bird of British Columbia
- Uranus (the planet)

## Purple Crafts and Activities

1. Royalty: purple is the colour of royalty.
  - a. Make an imperial crown.
  - b. Make a royal sceptre.
  - c. Have a royal tea.
  - d. Practice your compass directions with the royal Wedding Compass story.
  - e. Play an international game: Hail, Oh Queen.
2. Purple flowers:
  - a. Make a tissue paper violet.
  - b. Paint dotted lilacs, perhaps for a Mother's Day card.
  - c. Make lavender sugar body scrub to donate to a women's shelter.
  - d. Paint hyacinths using thumbprints.
3. Use purple cabbage as a science experiment pH indicator.
4. Purple Grapes:
  - a. Have fun with food art.
  - b. Make a bunch of grapes for your camp hat.
  - c. Play an international game that refers to grapes.
5. Eggplant: try making an eggplant creature.
6. Purple sea star (starfish)
  - a. Make a sparkly sea star for your camp hat.
  - b. Try some yoga, and include the starfish pose.
7. Purple shore crab: this little crab is common on the BC coast.
  - a. Make a recycled egg carton crab.
  - b. Try your crabwalking skills with a hungry crabs game.
8. Dragonflies: these voracious insects can be many colours, including purple.
  - a. Make your own dragonfly using pipecleaners and beads.
  - b. Play dragonfly, mosquito, human tag.
9. Purple People Eater: Kids love this song!
  - a. Make your own Purple People Eater to attach to your camp hat.
  - b. Feed the Purple People Eater with recycled juice can lids.



10. Cheshire cat: the purple and pink striped cat from Alice in Wonderland.

- a. Make a springy cat finger puppet.
- b. That cat keeps appearing and disappearing – can you find him?
- c. Play a round of Pin the Grin on the Cheshire cat.

11. Trefoil Guild: purple is the “branch” colour of the Trefoil Guild. Invite guild members in to help with your event.

Some other purple ideas you could use:

- amethyst
- Barney the dinosaur
- Harold and the Purple Crayon book by Crockett Johnson
- plums
- purple jellyfish
- Purple Martin (a threatened bird species in BC)
- sea urchins

## Rainbow Crafts and Activities

1. Rainbow name tags: make name tags for your event to go with the theme!
2. Streamer rainbow: Use party streamers and a paper plate to make this decorative rainbow.
3. Ribbon sticks can be made with rainbow ribbon and then used while the girls are dancing.
4. Plastic canvas rainbow: practice weaving with this rainbow craft.
5. Pasta crafts: dye your pasta with vibrant rainbow colours then get creative!
6. Rainbow hat crafts:
  - a. Include a touch 'o Irish with a pot of gold hat craft.
  - b. Make a simple rainbow cloud hat craft, easy enough for the youngest Spark.
7. Rainbow paintings: there are many different methods of painting which you can incorporate into the rainbow theme.
  - a. Sponge paint a rainbow with all the rainbow colours on one sponge.
  - b. Create a marble painting masterpiece with all the colours of the rainbow.
  - c. Use your fingers to make fingerprint rainbows or a rainbow of fingerprint characters.
  - d. Shaving cream and paint create a beautiful marbled painting in a rainbow of colours.
  - e. Draw with glue, apply salt and watercolour paint and you can create unique rainbow paintings.
  - f. In the winter, take your rainbow of paints outside and paint the snow!
8. Use yarn and cotton balls to create a rainbow scene.
9. Find the colours of the rainbow in magazines and flyers then combine them into a colourful collage.
10. Create a rainbow of creature bookmarks using paint chip samples.
11. You don't need to buy coloured sand for sand art when you can make your own rainbow of colours with salt and chalk!
12. Rainbow science: incorporate science into your event with these activities.
  - a. Make a real rainbow by refracting light through water.
  - b. Try your hand at chromatography with a coffee filter rainbow experiment.
  - c. Watch rockets fly into the air while they create exploding rainbows of paint with the Alka Seltzer rocket experiment.

- d. You won't believe your eyes when you pour layers of coloured sugar water into a container to create a liquid density rainbow.

13. Rainbow games: have fun with the rainbow theme!

- a. Search for all colours of the rainbow during a colourful scavenger hunt.
- b. A twist on the scavenger hunt idea is to search for coloured ice cubes outside in the winter.
- c. Incorporate math into your event with the rainbow dice bingo game.
- d. Play a rainbow tag which originates with the Rainbows (Girlguiding UK "Sparks") of the United Kingdom.
- e. Use your imagination to think of items of different colours in the rainbow round game.
- f. Play colour switch - a variation of the fruit salad game.
- g. Carefully navigate a rainbow of strings with a pot of gold string obstacle course.

14. Cover the topic of diversity and teamwork and read *The Crayon Box That Talked* by Shane DeRolf.

15. Complete one activity from the Girl Guides of Canada - Guides du Canada *Girls United* challenge by making a rainbow peace pin.

## Songs of the Rainbow

The following song ideas can compliment your colour stations. Note that a few songs have also been listed within the colour appendices.

- Note 1: BC Girl Guides is not responsible for the content or accuracy of the links below. Furthermore, BC Girl Guides does not endorse or favour any of the websites linked to below. These links are provided as a reference to help Guiders learn the songs referred to in this document.
- Note 2: Online sources are not always reliable, so if a link is broken, use a search engine to try and locate the song you are looking for.
- Note 3: Music found online may not be exactly the same tune and lyrics as represented in the Girl Guide songbooks.

Song Title	Lyrics	Music
<b>Red Songs</b>		
Little Red Caboose	<a href="http://www.kidsongs.com/lyrics/little-red-caboose.html">http://www.kidsongs.com/lyrics/little-red-caboose.html</a>	<a href="http://youtu.be/OlpKHTSYiAU">http://youtu.be/OlpKHTSYiAU</a>
Little Red Wagon	<a href="http://bussongs.com/songs/little-red-wagon.php">http://bussongs.com/songs/little-red-wagon.php</a>	<a href="http://youtu.be/H1iLI8lbfyg">http://youtu.be/H1iLI8lbfyg</a>
My Red Balloon	<a href="http://bussongs.com/songs/my-red-balloon.php">http://bussongs.com/songs/my-red-balloon.php</a>	<a href="http://youtu.be/71a8le2um4g">http://youtu.be/71a8le2um4g</a>
<b>Orange Song</b>		
Oranges and Lemons	<a href="http://dragon.sleepdeprived.ca/songbook/songs9/S9_63.htm">http://dragon.sleepdeprived.ca/songbook/songs9/S9_63.htm</a>	<a href="http://youtu.be/91Za-Nu2XW4">http://youtu.be/91Za-Nu2XW4</a>
<b>Yellow Songs</b>		
Baby Bumble Bee	<a href="http://dragon.sleepdeprived.ca/songbook/songs3/S3_6.htm">http://dragon.sleepdeprived.ca/songbook/songs3/S3_6.htm</a>	<a href="http://youtu.be/Pf1d5mHwJSo">http://youtu.be/Pf1d5mHwJSo</a>
The Banana Song	<a href="http://myvirtuallsongbook.wordpress.com/2012/04/24/the-banana-song/">http://myvirtuallsongbook.wordpress.com/2012/04/24/the-banana-song/</a>	<a href="http://youtu.be/e8nLgaOdvHQ">http://youtu.be/e8nLgaOdvHQ</a>
Tie a Yellow Ribbon	<a href="http://www.metrolyrics.com/tie-a-yellow-ribbon-round-the-old-oak-tree-lyrics-dolly-parton.html">http://www.metrolyrics.com/tie-a-yellow-ribbon-round-the-old-oak-tree-lyrics-dolly-parton.html</a>	<a href="http://youtu.be/7NCZ4l8FCfc">http://youtu.be/7NCZ4l8FCfc</a>
Yellow Bird	<a href="http://dragon.sleepdeprived.ca/songbook/songs9/S9_51.htm">http://dragon.sleepdeprived.ca/songbook/songs9/S9_51.htm</a>	<a href="http://youtu.be/bBbgZauYL1Q">http://youtu.be/bBbgZauYL1Q</a>
Yellow Submarine	<a href="http://www.azlyrics.com/lyrics/beatles/yellows submarine.html">http://www.azlyrics.com/lyrics/beatles/yellows submarine.html</a>	<a href="http://youtu.be/nkhTA6MQ3BQ">http://youtu.be/nkhTA6MQ3BQ</a>
<b>Green Songs</b>		
Five Green and Speckled Frogs	<a href="http://dragon.sleepdeprived.ca/songbook/songs5/S5_25.htm">http://dragon.sleepdeprived.ca/songbook/songs5/S5_25.htm</a>	<a href="http://youtu.be/f6D_qeyBwGA">http://youtu.be/f6D_qeyBwGA</a>
It's Not Easy Being Green	<a href="http://kids.niehs.nih.gov/games/songs/movies/greenmp3.htm">http://kids.niehs.nih.gov/games/songs/movies/greenmp3.htm</a>	<a href="http://youtu.be/z4ZxxHbJGbY">http://youtu.be/z4ZxxHbJGbY</a>
Little Green Frog	<a href="http://dragon.sleepdeprived.ca/songbook/songs3/S3_20.htm">http://dragon.sleepdeprived.ca/songbook/songs3/S3_20.htm</a>	<a href="http://youtu.be/QjYkG8jDsJU">http://youtu.be/QjYkG8jDsJU</a>
Green Grass Grew All Around	<a href="http://www.scoutsongs.com/lyrics/greengrassgrew.html">http://www.scoutsongs.com/lyrics/greengrassgrew.html</a>	<a href="http://youtu.be/izsFt76fNfw">http://youtu.be/izsFt76fNfw</a>

Song Title	Lyrics	Music
<b>Blue Songs</b>		
Big Blue Frog	<a href="http://dragon.sleepdeprived.ca/songbook/songs5/S5_68.htm">http://dragon.sleepdeprived.ca/songbook/songs5/S5_68.htm</a>	<a href="http://youtu.be/AYVQ7pyhAVo">http://youtu.be/AYVQ7pyhAVo</a>
Blue Tail Fly	<a href="http://en.wikipedia.org/wiki/Jimmy_Crack_Corn_%28children%27s_song%29">http://en.wikipedia.org/wiki/Jimmy_Crack_Corn_%28children%27s_song%29</a>	<a href="http://youtu.be/Zj9qAvOZq28">http://youtu.be/Zj9qAvOZq28</a>
Bluebells	<a href="http://www.mamalisa.com/?t=hes&amp;p=3246">http://www.mamalisa.com/?t=hes&amp;p=3246</a>	This is a skipping rhyme – no tune.
Girl Guide Dressed in Blue	<a href="http://dragon.sleepdeprived.ca/songbook/songs11/S11_1.htm">http://dragon.sleepdeprived.ca/songbook/songs11/S11_1.htm</a>	This is a skipping rhyme – no tune.
The Blue Jay Song	<a href="http://www.ultimatecampresource.com/site/camp-activity/bluejay.html">http://www.ultimatecampresource.com/site/camp-activity/bluejay.html</a>	This “song” is spoken or chanted – no tune.
<b>Purple Songs</b>		
Purple People Eater	<a href="http://www.kidsongs.com/lyrics/purple-people-eater.html">http://www.kidsongs.com/lyrics/purple-people-eater.html</a>	<a href="http://youtu.be/2fOjKmY_vW8">http://youtu.be/2fOjKmY_vW8</a>
Purple Stew	<a href="http://dragon.sleepdeprived.ca/songbook/songs3/S3_55.htm">http://dragon.sleepdeprived.ca/songbook/songs3/S3_55.htm</a>	<a href="http://youtu.be/jNC7-kSG18E">http://youtu.be/jNC7-kSG18E</a>
<b>Other Colour Songs</b>		
Baa Baa Black Sheep	<a href="http://www.kidsongs.com/lyrics/baa-baa-black-sheep.html">http://www.kidsongs.com/lyrics/baa-baa-black-sheep.html</a>	<a href="http://youtu.be/XpvsJ4ANFp0">http://youtu.be/XpvsJ4ANFp0</a>
Black Socks	<a href="http://myvirtuallongbook.wordpress.com/2012/03/28/black-socks/">http://myvirtuallongbook.wordpress.com/2012/03/28/black-socks/</a>	<a href="http://tuneguide.e-guiding.com/blacksocks.mp3">http://tuneguide.e-guiding.com/blacksocks.mp3</a>
Land of the Silver Birch	<a href="http://dragon.sleepdeprived.ca/songbook/songs6/S6_12.htm">http://dragon.sleepdeprived.ca/songbook/songs6/S6_12.htm</a>	<a href="http://youtu.be/UIE9uB_23kw">http://youtu.be/UIE9uB_23kw</a>
Pink Pajamas	<a href="http://dragon.sleepdeprived.ca/songbook/songs5/S5_41.htm">http://dragon.sleepdeprived.ca/songbook/songs5/S5_41.htm</a>	<a href="http://youtu.be/K4rr9TtP_y4">http://youtu.be/K4rr9TtP_y4</a>
Rainbow Connection	<a href="http://www.metrolyrics.com/rainbow-connection-lyrics-muppets.html">http://www.metrolyrics.com/rainbow-connection-lyrics-muppets.html</a>	<a href="http://youtu.be/lRvhRhWWE44">http://youtu.be/lRvhRhWWE44</a>
Sing a Rainbow	<a href="http://kids.niehs.nih.gov/games/songs/childrens/singrainbowmid.htm">http://kids.niehs.nih.gov/games/songs/childrens/singrainbowmid.htm</a>	<a href="http://youtu.be/2kfolABGpkY">http://youtu.be/2kfolABGpkY</a>
White Coral Bells	<a href="http://guidingjewels.ca/resources/songs/617-song-white-coral-bells">http://guidingjewels.ca/resources/songs/617-song-white-coral-bells</a>	<a href="http://youtu.be/4hJtX6RzcOw">http://youtu.be/4hJtX6RzcOw</a>

## PROGRAM CONNECTIONS

Wondering how the activities in Rainbow Revelry fit into the rest of your unit's program? Following are some program connections relating to the overall event – see the appendices for details relating to each individual activity. This is not a comprehensive list, feel free to apply your activities to other parts of the program as you see fit. Remember that each activity you complete can accomplish multiple parts of the program.

Activity	Spark Keepers	Brownie Keys / Interest Badges
Making invitations	Being a Spark: <ul style="list-style-type: none"> <li>• Enrolment</li> </ul>	Key to I Can: 7. Party Planner  Key to the Arts: <ul style="list-style-type: none"> <li>• Super Crafts interest badge</li> </ul> Key to Brownies: 3. Enrolling in Brownies (if done for enrolment)  Key to Guides: 5. Moving Up (for advancement)
Being involved in decisions in regards to event activities	Being a Spark: <ul style="list-style-type: none"> <li>• Additional Activities: plan a special event</li> </ul>	Key to I Can: 7. Party Planner  Key to Guides: 5. Moving Up (for advancement)
Creating decorations	Exploring and Experimenting: <ul style="list-style-type: none"> <li>• Additional activity</li> </ul>	Key to I Can: 7. Party Planner  Key to the Arts: <ul style="list-style-type: none"> <li>• Super Crafts interest badge</li> </ul>
Decorating	Being a Spark: <ul style="list-style-type: none"> <li>• Additional Activities: plan a special event</li> </ul>	Key to I Can: 7. Party Planner
Helping create snacks	Being Healthy: <ul style="list-style-type: none"> <li>• Healthy Snack</li> </ul>	Key to I Can: 7. Party Planner <ul style="list-style-type: none"> <li>• Be a Chef interest badge</li> </ul> Key to Active Living: 3. Fabulous Food

<b>Activity</b>	<b>Spark Keepers</b>	<b>Brownie Keys / Interest Badges</b>
Dancing	Being Healthy: <ul style="list-style-type: none"> <li>• Move to the Beat</li> </ul>	Key to Active Living: <ol style="list-style-type: none"> <li>2. Outdoor Action</li> </ol> Key to the Arts: <ol style="list-style-type: none"> <li>5. Around the World in Song and Dance</li> </ol> <ul style="list-style-type: none"> <li>• Share Your Talent for Dance interest badge</li> </ul>
Nametags	Being Me: <ul style="list-style-type: none"> <li>• Who Am I?</li> </ul>	Key to Me: <ol style="list-style-type: none"> <li>1. Who Am I?</li> </ol>
Bridging with Brownies or Sparks	Brownies and Beyond: <ul style="list-style-type: none"> <li>• visit with Brownies</li> </ul>	Key to Girl Guides: <ol style="list-style-type: none"> <li>1. Girl Guides Through Time</li> </ol> <ul style="list-style-type: none"> <li>• Helping Sparks interest badge</li> </ul>
Songs (Include opening and closing songs)	Being A Spark: <ul style="list-style-type: none"> <li>• Spark Meeting Opening and Closing Songs</li> </ul> The World Around Me: <ul style="list-style-type: none"> <li>• Additional Activities: learn and sing a song from a WAGGGS country and Canada</li> </ul> Going Camping: <ul style="list-style-type: none"> <li>• Campfire</li> </ul>	Key to Brownies: <ol style="list-style-type: none"> <li>2. Getting to Know You</li> <li>4. Being a Brownie</li> </ol> Key to My Community: <ol style="list-style-type: none"> <li>2. Proud To Be Canadian</li> </ol> Key to Camping: <ol style="list-style-type: none"> <li>5. Sing and Shout</li> </ol> Key to the Arts: <ol style="list-style-type: none"> <li>6. Canada Sings</li> </ol> <ul style="list-style-type: none"> <li>• Share Your Talent for Music interest badge</li> </ul>
Rainbow pictures or crafts	Being A Spark: <ul style="list-style-type: none"> <li>• Additional Activities: make a rainbow picture</li> </ul>	Key to the Arts: <ul style="list-style-type: none"> <li>• Super Crafts Interest badge</li> </ul>

## HOW TO ORDER CRESTS

To complement your Rainbow Revelry event, you can order a Rainbow Revelry crest to hand out to your girls.

Complete the **BC Crests Order Form** found at <http://www.bc-girlguides.org/> (click on Program > Challenges & Activities > Provincial Challenges) on the BC Girl Guides website. Instructions on how to order the crests are provided on the form.

## APPENDICES

The following Appendices are available as separate documents:

- Red Appendix
- Orange Appendix
- Yellow Appendix
- Green Appendix
- Blue Appendix
- Purple Appendix
- Rainbow Appendix