

# TRAIL SIGNS

## AN INSTANT MEETING FOR BROWNIES FROM THE BC CAMPING COMMITTEE

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Prep work of laying a trail needs to be done before the meeting or one leader to be setting up the trail while the others start the meeting

This is an outdoor meeting – possibly at a park, trails, or field. Remember to follow Safe Guide and make sure girls come prepared for the meeting.

Remember to adapt this guide for your unit as needed.

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### Meeting Plan

Before the meeting: Set up a trail for the girls to follow.

- 5-10 min: Gathering: Mazes
- 5 min: Brownie Opening
- 10-15 min: All About Trail Signs
- 15-20 min: Follow the Trail
- 15-20 min: Make a Trail
- 10-15 min: Trail Signs Hat Craft
- 5 min: Brownie Closing

*90 minute meeting. Approximate activity times shown.*

### Program Connections

#### Key to Camping:

Happy Hiking interest badge  
(lay a trail)

#### Key to the Living World:

1. Wondrous Walks

#### Key to the Arts:

Super Crafts interest badge  
(one craft)

### Meeting Supplies

- printed mazes
- pencils, crayons, markers
- branches, rocks
- mini trail signs
- mini craft plastic bag
- mini rocks
- mini twigs
- safety pin

## Gathering: Mazes

### Directions

Download a variety of mazes from the internet:

<https://www.google.ca/search?q=printable+mazes>

Or use the attached maze from the *Brownies Can Do It!* Brownie program book.

### Supplies

- printed mazes
- pencils, crayons, markers

## All About Trail Signs

Learn about the different types of trail signs and how to read them.

Reminder to use branches that have fallen already, not to break new ones to use.

Discuss how this is helpful and when you would use trail signs.

Reminder about removing the trail signs only when finished with them.

Practice making some trail signs. (Girl Guide Trail signs are on the last page)

### Supplies

- branches & rocks

## Follow the Trail

Have the girls go in groups (circles or different groups of 3-5, depending on your unit size) and follow the pre-set trail you laid prior to the meeting. Leave space in between the groups so they aren't just following the group in front of them. Remind girls not to pick up/remove the markings. After the girls are finished, have a leader remove the trail signs.

Once the groups are back, debrief the trail. What was easy, hard, etc.?

## Make a Trail

Have the girls work with their group to design a trail for another group to follow. Allow each group about 10 minutes to set up their trail.

Switch groups and have them follow a different group's trail.

## Trail Signs Hat Craft

Print out of some diagrams of trails signs - images can be found on the internet, or use the attached image from the Guides on the Go program book.

<https://www.google.ca/#q=trail+signs&tbm=isch>

### Directions

1. Search the internet for some images or diagrams of trail signs.
2. Print the image onto a small piece of cardstock so that it can fit inside the small plastic bag.
3. Place the trail sign card, 10 pebbles, and 5 toothpicks or small twigs into a small plastic bag. Seal the bag closed.
4. Add a safety pin to the corner of the plastic bag and attach to a camp hat.







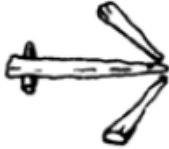








### Supplies

- pebbles (aquarium gravel works well)
- toothpicks or small twigs
- mini craft plastic bag
- printed trail signs sheet



# Trail Signs

Source: *Guides on the Go! The Guide Program, Girl Guides of Canada.*

	Rocks	Pebbles	Sticks	Long Grass
Straight ahead				
Turn right				
Turn left				
Do not go this way				

I have gone home



Number of paces  
in direction indicated

