

THINGS WE'LL NEED AT CAMP

AN INSTANT MEETING FOR BROWNIES FROM THE BC CAMPING & PROGRAM COMMITTEES

Preparing for camp is an essential part of the camping experience. Girls who have had the chance to practice and prepare for camp will have a better idea of what to expect. Hopefully, they will then be able to approach the camping experience with confidence.

Meeting Plan

5-10 min:	Gathering: Camp Colouring
5 min:	Brownie Opening
5 min:	Opening Discussion
5-10 min:	Song: Going on a Brownie Camp
10 min:	Seasonal Clothing Relay
10 min:	Camping Items Kim's Game
20 min:	Mini Bedrolls
10 min:	Camping Statues
10-15 min:	Camp Personal Pail Toiletry Kits
if time	Campfire Songs
5 min:	Brownie Closing

90 minute meeting. Approximate activity times shown.

Program Connections

Key to Camping:

2. Camping Know How
3. Dress Right
5. Sing and Shout

Related Interest Badges

- Going Camping
- Winter Outside
- Team Together

Meeting Supplies

- | | |
|--|---|
| <input type="checkbox"/> printed colouring sheets | <input type="checkbox"/> rope: thin cord |
| <input type="checkbox"/> pencils, crayons, markers | <input type="checkbox"/> bucket of water |
| <input type="checkbox"/> clothing items for various weather conditions | <input type="checkbox"/> music source |
| <input type="checkbox"/> variety of items used when camping | <input type="checkbox"/> empty ice cream buckets – ask girls to bring these |
| <input type="checkbox"/> towel | <input type="checkbox"/> permanent markers |
| <input type="checkbox"/> paper and pencil for each girl | <input type="checkbox"/> items to demonstrate what goes into the bucket: plastic grocery bag (to line the bucket with), washcloth, hand towel, toothbrush, toothpaste, small cup, hairbrush, hair elastics, in Ziploc bags: soap, sunblock, bug repellent |
| <input type="checkbox"/> bedroll instructions (included) | <input type="checkbox"/> song lyrics |
| <input type="checkbox"/> sleeping pads: craft foam cut into rectangles | |
| <input type="checkbox"/> sleeping bags: washcloths (lots!) | |
| <input type="checkbox"/> groundsheets: plastic cut into rectangles | |

Gathering: Camp Colouring

Download a variety of colouring sheets from the Internet:

<https://www.google.com/#q=camp+coloring&tbm=isch>

or

<https://www.google.ca/search?q=camping+hidden+picture+coloring&tbm=isch>

Supplies

- printed colouring sheets
- pencils, crayons, markers

Opening Discussion

Talk with the girls about Brownie camp. When you go camping, there are some things that you need to bring with you, and some things that need to stay at home. At this meeting they will be learning about some of the things they will need at camp

Song: Going on a Brownie Camp

To the tune of "Going on a Lion Hunt". This is a repeat after me song. The leader chants a line, and the girls repeat it. Suggested lyrics to start the song are included here. From here, you could have each girl add a line of something they will bring to camp, then have everyone else repeat. Add actions as appropriate (marching, holding a piece of paper/kit list, packing, etc.)

Lyrics

We're goin' on a Brownie camp.
We're goin' on a Brownie camp.

But we're not afraid.
But we're not afraid.

Got me a kit list.
Got me a kit list.

Gonna pack my bag.
Gonna pack my bag.

First I need some walking shoes.
First I need some walking shoes.

But not my flip flops!
But not my flip flops!

Then I'll pack my gumboots.
Then I'll pack my gumboots.

And a raincoat to keep me dry.
And a raincoat to keep me dry.

Next I'll pack my washroom kit.
Next I'll pack my washroom kit.

With brush and soap and toothpaste.
With brush and soap and toothpaste.

And finally my bedroll.
And finally my bedroll.

Tied up tight and waterproof.
Tied up tight and waterproof.

Now I'm packed for Brownie Camp.
Now I'm packed for Brownie Camp.

See you when I get there!
See you when I get there!

Seasonal Clothing Relay

1. Talk about how weather affects the way we dress. Clothing can protect us from cold, sun, rain, snow and wind.
2. Divide the girls into two teams and line them up at one end of the play area, relay-style. Place the clothing items at the far end of the play area. Choose one girl (or Guider!) from each team to stand near the clothing. This girl (or Guider) will be the mannequin for the team.
3. On "go" a Guider calls out a weather condition (i.e. "a cold and windy fall day!").
4. The first girl in each team will run to the far end of the play area, choose one suitable clothing item for that weather condition, then dress her team's mannequin with that piece of clothing. The mannequin cannot assist! The first girl to put an appropriate piece of clothing on their mannequin and run back to the start scores a point for her team.
5. Continue until all girls have a turn to dress the mannequin. The mannequin cannot remove clothing between rounds, so by the end of the game she should look quite funny!

Supplies

- clothing items for various weather conditions, such as rubber boots, rain coats, t-shirts, sweaters, mittens, shorts, bathing suits, etc. If the mannequin is a Guider, ensure these items are adult sized!

Camping Items Kim's Game

1. While the girls are occupied with another activity (i.e. participating in the clothing relay), lay out the camping objects on a table or on the floor (about 20 items). Cover them with the towel.
2. When the girls have gathered, explain that a Kim's Game is an observation game that Lord Baden-Powell used to train boys in South Africa as observers during the Boer War. The traditional game involves placing many objects on a tray, girls observe carefully for a minute, the objects are covered and then the girls try to write down all of the objects that they can remember.
3. Give each girl a paper and pencil, but tell them they cannot touch the pencil until you tell them to, when the items are hidden again.
4. Remove the towel and allow the girls to observe the items for one minute.
5. After a minute, cover the items again.
6. Tell the girls they can now pick up their pencils and list as many items as they can remember on their papers.
7. When the girls look like they've finished writing, reveal the items and talk about each one and how it would be used when camping. The girls may wish to share during this time – how they have used the items themselves.
8. Ask the girls to count how many items they correctly remembered – did anyone remember 5 or more? 10 or more? 15, 16, 17 or more?

Supplies

- variety of items used when camping – examples are flashlight, tent peg, ditty bag, matches, camp hat, etc.
- towel to cover the items
- paper and pencil for each girl

Mini Bedroll

1. Lay out the groundsheet on a flat surface. Explain that garbage bags should never be used as groundsheets – only real tarps should be used! Garbage bags can easily tear. Also explain that when things are packed in garbage bags, they can easily be mistaken for garbage and get thrown out.
2. Place the sleeping pad centered on top of the groundsheet. Explain that an air mattress would need to be deflated before going into a bedroll if they are being used as the sleeping pad, and that unless it is a self inflating air mattress, you should always remember to bring a pump.
3. Place the sleeping bag on top of the sleeping pad – fold the washcloth in half to represent a sleeping bag. At this point, explain that a small pillow, pajamas, and a stuffed animal could be added, as well.
4. Fold all four edges of the groundsheet over the top of the sleeping bag.
5. In pairs, have the girls roll the bedroll closed, starting at the head end. They will need to work together to keep the bedroll tight.
6. Tie a rope around the bedroll to keep it tight.
7. Submerge the completed bedrolls into a bucket of water. Remove them and disassemble – did the sleeping bag get wet? If it got wet, try again with a new sleeping bag!

Supplies

- bedroll instructions (included)
- sleeping pads: craft foam cut into rectangles
- sleeping bags: washcloths (lots!)
- groundsheet: plastic cut into rectangles larger than the foam – so they can be folded over the bedroll “package”
- rope: thin cord
- bucket of water

Camping Statues

Directions

1. Brainstorm a number of items that girls would see at camp – examples include tent, tree, gopher, bird, pinecone, campfire, etc. Have the girls try different poses for each item.
2. Play the music and have the girls dance around.
3. Pause the music and call out “freeze!” All girls must freeze into one of the camping items.
4. Repeat for as long as the girls are interested.
5. Optional: Anyone who moves while the music is paused is “out”, until only one girl remains in the game.

Supplies

- music source

Camp Personal Pail Toiletry Kits

Directions

1. Show the girls your own personal pail toiletry kit, with items already packed inside. The inside of the bucket is lined with a plastic bag, then the other items all go inside the plastic bag, with the lid secured on top of the bucket. Show the girls the items, one at a time.
2. Demonstrate how to use the bucket: remove the plastic bag with all the items in it. Put some warm water in the bottom of the bucket and use it to wet your soap and washcloth so you can wash your face. Rinse your washcloth in the water and wring it out (into the bucket). Now, put a little bit of clean drinking water into your cup. Brush your teeth using this clean drinking water, spitting into the bucket with the soapy water. Rinse your toothbrush in the clean water of the cup, then dump that water into the bucket, too. Finally, dump the dirty water into a place that is away from animals – i.e. a grey water bucket (at your meeting, you can dump it down a sink or toilet). To pack everything back up, put the damp washcloth in the bottom of the bucket, put everything else into the plastic bag (to keep it all dry), and place the bag over the damp washcloth. Explain that you would put the damp washcloth in if you are moving your kit to a new location, but could hang it up to dry if you are staying for a while (damp washcloths will get smelly if left inside the bucket with the lid closed for a long time!)
3. Have the girls decorate their buckets using permanent markers. (Note: you may wish to protect the tables with disposable tablecloths!) Make sure they put their names on their buckets! They can be as creative as they like with their designs.
4. Give the girls a list of items to fill their pails with at home before they come to camp.

Supplies

- empty ice cream buckets
– ask girls to bring these
- permanent markers
- items to demonstrate what goes into the bucket:
plastic grocery bag (to line the bucket with),
washcloth, hand towel,
toothbrush, toothpaste,
small cup, hairbrush, hair
elastics, in Ziploc bags:
soap, sunblock, bug
repellent

Campfire Songs

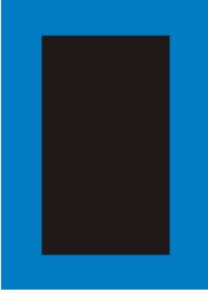
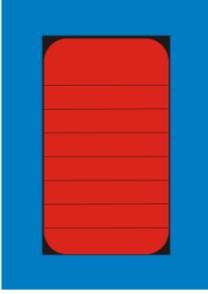
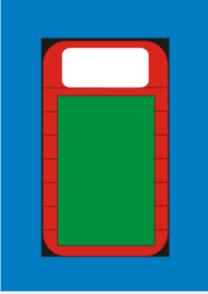
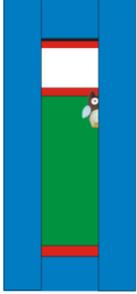
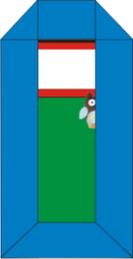
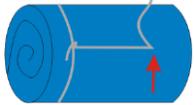
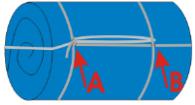
If you have time, sing a variety of songs themed around the outdoors. Some ideas are (from the [“Arts to Go – Music”](#) resource on the BC Girl Guides website):

Supplies

- song lyrics

Song Title	Lyrics	Music	Song book	Page
Canoe Song (My paddle...)	http://guidingjewels.ca/resources/songs/587-song-canoe-song	http://guidingjewels.ca/resources/songs/587-song-canoe-song	SCGG	24
Cuckoo	http://guidingjewels.ca/resources/songs/532-song-the-cuckoo	http://peninsulaquides.webs.com/qui-desongs.htm	Jubilee	39
Fire's Burning	http://guidingjewels.ca/resources/songs/506-song-fires-burning	http://tuneguide.e-guiding.com/fires.mp3	Jubilee	5
Frogs, The	http://guidingjewels.ca/resources/songs/533-song-the-frogs	http://guidingjewels.ca/resources/songs/533-song-the-frogs	Jubilee	39
Happy Wanderer	http://dragon.sleepdeprived.ca/songbook/songs6/S6_31.htm	http://peninsulaquides.webs.com/qui-desongs.htm	Jubilee	23
I Like the Flowers	http://guidingjewels.ca/resources/songs/574-song-i-like-the-flowers	http://peninsulaquides.webs.com/qui-desongs.htm	CWS	54
Land of the Silver Birch	http://guidingjewels.ca/resources/songs/516-song-land-of-the-silver-birch	http://tuneguide.e-guiding.com/Land-of-the-Silver-Birch.mp3	Jubilee	15
Listen to the Earth	http://guidingjewels.ca/resources/songs/572-song-listen-to-the-earth	http://tuneguide.e-guiding.com/listen.mp3	CWS	54
Little Green Frog	http://dragon.sleepdeprived.ca/songbook/songs3/S3_20.htm	http://www.youtube.com/watch?v=dki50rmJV9A	CA	135
Mr. Sun, Please Shine Down on Me	http://www.songsforteaching.com/folk/ohmrsun.php	http://www.youtube.com/watch?v=FwOomEMSxC0	Traditional	
Raindrop Round	http://www.scribd.com/doc/85829/tons-of-GS-songs-688-pages	http://tuneguide.e-guiding.com/raindrop.mp3	CWS	38
Squirrel	http://guidingjewels.ca/resources/songs/529-song-squirrel-squirrel	http://tuneguide.e-guiding.com/squirrel.mp3	SSSB	19
Tall Trees	http://guidingjewels.ca/resources/songs/593-song-tall-trees	http://tuneguide.e-guiding.com/tall-trees.mp3	SCGG	41

Bedroll Instructions

<p>Supplies</p> <p>Groundsheet Sleeping pad Sleeping bag Pillow Extra blanket Stuffed animal 12 ft non-slip rope</p>	 <p>Lay out groundsheet.</p>	 <p>Place sleeping pad on the groundsheet.</p>	 <p>Place sleeping bag on the sleeping pad.</p>
 <p>Place pillow on sleeping bag.</p>	 <p>Place extra blanket on sleeping bag.</p>	 <p>Place a stuffed animal near the pillow.</p>	 <p>Fold over the sides of the groundsheet.</p>
 <p>Fold the ends of the groundsheet like a present, tuck them towards the bed.</p>	 <p>Starting from the pillow end, roll tightly, tucking the ends inside the roll.</p>	 <p>Make a packer's knot in one end of the rope and make a loop. Put the loop around the bedroll. Pull tightly.</p> 	 <p>When the loop is tight, pull the end of the rope across the bedroll, and hold it at the arrow while you make another loop around the roll.</p>
 <p>Slip the rope under the new loop, and pull tightly.</p>	 <p>Wrap the rope all the way around the bedroll, from end to end.</p>	 <p>Slip the end of the rope under the packer's knot. Tie it in place with another packer's knot.</p>	 <p>Extra rope can be wrapped around between A and B to make a handle.</p>