

Quinoa Salad: Cilantro, Red Bell Pepper and Lemon Balsamic Dressing {Gluten-Free, Dairy-Free, Soy-Free, Vegan}

Prep time: 5 mins

Cook time: 20 mins

Total time: 25 mins

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Serves: 4

Ingredients

1 cup quinoa

1 cup canned green peas

2 red bell peppers, diced

1 green bell pepper, diced

2 Tbsp. finely chopped fresh cilantro

2 Tbsp. olive oil

1 Tbsp. balsamic vinegar

2 tsp. freshly squeezed lemon juice

sea salt and pepper, to taste

Instructions

Cook quinoa according to package directions.

Rinse and drain green peas.

In a large bowl, combine quinoa with peppers, peas and cilantro.

Add olive oil, vinegar, lemon juice, sea salt and pepper to quinoa mixture, mix well and serve.