



## **BC CAMPING SKILLS CHALLENGE – PATHFINDERS**

A BRANCH SPECIFIC CAMPING CHALLENGE  
FROM THE BC CAMPING COMMITTEE

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This new **BC Camping Challenge** contains a unique challenge for each branch. To earn each Challenge Crest the girls need to complete the required challenges in the four categories: **Leave No Trace, Camping Experiences, Camp Cooking, Overnight.**

We know that each girl and unit are unique in their camping skills, so we encourage you to adapt this program to work for all girls in your unit. The purpose of this challenge is to enable the girls to take the next step in building their camping skills. Older girls may choose to lead this challenge for girls in a younger branch in order to earn those crests.

Remember to follow Safe Guide for all activities.

Completing this fun challenge will most definitely help the girls to complete some of their program work. Remember to cross-reference the challenge with the Program Areas in Girls First and award the girls accordingly for their efforts.

We encourage every group to submit pictures, and possibly a write-up of their activities to the BC Camping Committee to be used in our Headlamp newsletter. Please email them to [bc-campingheadlamp@girlguides.ca](mailto:bc-campingheadlamp@girlguides.ca).

The BC Camping Committee can be reached at [bc-camping@girlguides.ca](mailto:bc-camping@girlguides.ca) for questions and feedback!

When you have fulfilled the requirements, complete the **BC Crests Order Form** found on the BC Girl Guides website <https://www.girlguides.ca/web/BC/> (click on What Girls Do > Camping > Camping Challenges). Instructions on how to order the crests are provided on the form.

## PATHFINDERS

To complete this challenge and earn a crest please carry out the minimum number of challenges from each of the four sections as follows:

### **Be a No Trace Camper – mandatory**

- Leave your campsite in better condition than you found it.



### **Camp Experiences – complete 7**

- Learn about (and try if possible) camping equipment repairs
- Pitch a tent when the use of pegs is not possible
- Storm lash a tent or shelter
- Prepare you equipment list, bring the equipment to camp and return after camp
- Learn how to read the weather
- Find directions without a compass
- Learn about back packs and how to properly fit them
- Plan and run a camp with minimal Guider support
- Create a budget for camp and prepare a financial report after camp
- Use, sharpen and care for a knife, hatchet or axe
- Use and care for a lightweight camping stove
- Learn about dangerous and poisonous plants that are found in your area. How can you identify them?
- Put together a Be Prepared or first aid kit and know how to use the items
- Prepare your own personal 10 essentials kit
- Learn about campsite selection in relation to cooking, water, biffies, bear caches, environment, etc.
- Have knowledge of emergency preparedness including reading the weather, local regulations and appropriate clothing and gear for different situations.

### **Camp Cooking - complete 3**

- Create your camp menu from a theme
- Assist with grocery shopping
- Prepare all meals and clean up after with little supervision from Guider
- Learn how to use light weight camping stoves and cook on it
- Dehydrate and rehydrate food
- Try more difficult creative cooking such as Flaming burlap pizzas



### **Overnight – complete 1**

- Sleepover for a minimum of 3 consecutive nights in a tent.
- Go Adventure Camping or Tripping for a minimum of 2 consecutive nights

